

Investigation of the Effects of a Neuromuscular Control-Focused Posture Training Program in Butchers

NCT07292350

Status	RECRUITING
Phase	Not Applicable
Sponsor	Uskudar University
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (6)

- Being over 18 years of age
- Actively working as a butcher in Istanbul
- Actively participating in the profession for at least 5 years
- Not having experienced acute trauma to the neck or back region within the last 3 months
- Being physically capable of participating in neuromuscular posture training
- ... and 1 more (see full listing online)

Exclusion (8)

- Persons with the following characteristics will not be included in the study:
- Being under 18 years of age
- Not actively practicing butchery
- Having undergone surgery to the neck, spine, or shoulder region within the last 6 months
- Serious neurological conditions such as acute cervical disc herniation, radiculopathy, or myelopathy
- ... and 3 more (see full listing online)

Locations (1 total)

Turkey, Istanbul, Turkey (Türkiye)