

Comparing and Predicting the Risk of Respiratory Tract Infection (RTI) Among Post-menopausal Women on or Without Hormone Replacement Therapy (HRT): an Observational Cohort Study

NCT07292857

Status RECRUITING
Sponsor Insel Gruppe AG, University Hospital Bern
Enrollment 400 participants

Key Eligibility Criteria

Inclusion (7)

- Biological sex: female
 - Age: 40-60 years
 - Self-determined decision to participate, confirmed by signing the informed consent form (ICF)
 - Fluent in German
 - Agreement to wear a smartwatch (Garmin Vivosmart 5) for most of the time over six months
- ... and 2 more (see full listing online)

Exclusion (17)

- Inability to provide informed consent
 - Known allergic reaction to polycarbonate (smartwatch wristband material)
 - Asthma not well-controlled (ACT score ≤ 20 despite medication)
 - Use of injectable asthma drugs with broad immunomodulatory activity
 - Coronary artery disease
- ... and 12 more (see full listing online)

Locations (1 total)

University Hospital of Bern, Department of Gynecological Endocrinology & Reproductive Medicine, Bern, Switzerland