

Assessing the Appearance of Amino Acids in Circulation Following Consumption of Protein Beverages

NCT07293091

Status	RECRUITING
Phase	Not Applicable
Sponsor	Midwest Center for Metabolic and Cardiovascular Research
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (7)

- \. Male or female, between 25 and 54 years of age.
- \. Individual has a body mass index (BMI) of 22.5 to 32.5 kg/m². Only 5 participants will have a BMI of 30 to 32.5 kg/m².
- \. Individual is judged by the Investigator to be in generally good health on the basis of medical history and screening measurements.
- \. Individual is willing and able to undergo the scheduled study procedures.
- \. Individual is willing to maintain usual physical activity level for the duration of the study and not to engage in vigorous physical activity for at least 24 hours prior to each clinic visit.

... and 2 more (see full listing online)

Exclusion (24)

- \. Individual has a laboratory test result of clinical significance based on the judgment of the Principal Investigator or qualified designee.
- \. Individual has poor venous access and is not a good candidate for serial blood draws.
- \. Use of tobacco/nicotine products (e.g., cigarette smoking, vaping, chewing tobacco) within 6 months of visit 1.
- \. Individual has anemia (hemoglobin <9 g/dL for females and <11 g/dL for males).
- \. Individual has a clinically significant medical condition that, in the opinion of the Investigator, could interfere with the interpretation of the study results. Health conditions may include history or presence of clinically important gastrointestinal, cardiac, renal, hepatic, endocrine (e.g., type 1 or type 2 diabetes mellitus), pulmonary, biliary, pancreatic, or neurological disorders that may affect the participant's ability to adhere to the study protocol and/or affect study outcomes, in the judgment of the Investigator.

... and 19 more (see full listing online)

Locations (1 total)

Ocean Wellness Center, Miami Gardens, Florida, United States

<https://clinicaltrials.gov/study/NCT07293091>

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