

# Diaphragmatic Release for Low Back Pain

NCT07298109

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Karabuk University
Enrollment	42 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Being between 18-65 years of age
- Having been diagnosed with chronic non-specific lower back pain (pain between the gluteal folds and the 12th ribs lasting at least 12 weeks and without a known pathoanatomical cause)
- Being willing to participate in the study

### Exclusion (5)

- Psychological disorders, mental disorders, cancer, and severe depression
- History of primary or metastatic spinal malignancy or spinal fracture
- Neurological disease (Hemiplegia, Multiple Sclerosis, Parkinson's, etc.)
- Having been diagnosed with advanced osteoporosis
- Having undergone previous surgery or had an acute infection in the lumbar region

## Locations (1 total)

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Karabuk University, Physiotherapy and Rehabilitation Application and Research Center, Karabük, Turkey (Türkiye)