

# A Study to Evaluate the Effects of a Prebiotic Soda on Glycemic Control in Adults

NCT07298135

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Olipop, PBC
Enrollment	224 participants

## Key Eligibility Criteria

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### Inclusion (10)

- Able to provide informed consent
- Willing to comply with all study procedures
- Ages 40 - 70 years old
- Habitual consumers of traditional non-diet soda (average intake 2 - 3 servings (24-36 fl. oz)/daily)
- BMI between 25 - 35 kg/m<sup>2</sup>

... and 5 more (see full listing online)

### Exclusion (19)

- Inability to consume a standard 12 fl. oz. carbonated beverage twice daily
- Currently engaged or planning to be on an intensive weight loss regimen program
- Extreme dietary habits or has been diagnosed with an eating disorder
- Habitual use of fiber supplements, inulin-based supplements, acacia fiber, glucomannan, prebiotic supplements, or probiotic supplements within the previous 30 days
- Known allergy or sensitivity to any of the ingredients in the study products

... and 14 more (see full listing online)

## Locations (1 total)

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Lindus Health, Boston, Massachusetts, United States