

Corazones Unidos Study

NCT07298213

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Arizona
Enrollment	45 participants

Key Eligibility Criteria

Inclusion (1)

- Eligible intervention participants must (1) be Mexican-origin/Mexican decent, (2) be e 18 years old, (3) have a confirmed MASLD diagnosis (CAP score of e 248 dB/m); (4) have an adult member of their social network who might be interested in participating in the study and who lives within 25 miles of the participant's residence; (5) be able to provide informed consent; and (6) be able to speak, read, and write in English and/or Spanish. Eligible social support participants must (1) be e 18 years old, (2) be first degree blood relative or spouse/significant other to the intervention participants, (3) be able to provide informed consent; and (4) be able to speak, read, and write in English and/or Spanish.

Exclusion (1)

- Exclusion for individuals interested in the intervention component of the study will be excluded if they report (1) ongoing or recent alcohol consumption (e21 standard drinks on average per week in men and e14 standard drinks on average per week in women); (2) previous diagnosis of liver cancer; (3) taking any anti-inflammatory or hepatotoxic medication regularly; (4) taking medication for any form of psychiatric disorders; (5) diagnosis of depression; (6) diagnosis of autoimmune disorders; or (7) women who are pregnant or breastfeeding due to hormonal changes. Exclusion for those interested to be part of the study as social network participants will not be considered for participation if they (1) live more than 25 miles of the intervention participant's residence.

Locations (1 total)

UA Collaboratory for Metabolic Disease Prevention & Treatment, Tucson, Arizona, United States