

The Effect of Hydration Status on Substrate Oxidation at Rest and During Light and Moderate Exercise

NCT07298863

Status	RECRUITING
Phase	Not Applicable
Sponsor	PepsiCo Global R&D
Enrollment	74 participants

Key Eligibility Criteria

Inclusion (22)

- Subject is male or female
- If female, subject is not pregnant (based on self-report)
- If female, subject has stopped taking birth control medication or removed long-acting reversible contraceptive >6 months at start of the study
- If female, subject has normal menstrual cycle (21-35 days)
- If female, subject is willing to track their menstrual cycle
- ... and 17 more (see full listing online)

Exclusion (7)

- Subject has participated in a clinical trial within the past 30 days
- Subject has participated in any PepsiCo trial within past 36 months
- Subject has a condition or is taking medication that the investigator believes would interfere with his/her ability to provide informed consent, comply with the study protocol, which might confound the interpretation of the study results, or put the person at undue risk
- Subject is allergic to alcohol (alcohol pre pads are used for blood draws)
- If female, subject is taking birth control medication or has long-acting reversible contraceptive
- ... and 2 more (see full listing online)

Locations (1 total)

Gatorade Sports Science Institute, Valhalla, New York, United States