

# The Effectiveness of Pain Neuroscience Education for Patients With Carpal Tunnel Syndrome

NCT07302282

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Karamano lu Mehmetbey University
Enrollment	48 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Being 18 years of age or older
- Having a diagnosis of mild or moderate CTS confirmed by ENMG
- Having complaints of pain and numbness in the first three fingers of the hand for at least 3 months

### Exclusion (11)

- Presence of severe CTS findings on electrophysiological examination
- Presence of metabolic diseases such as uncontrolled diabetes and hypothyroidism
- Presence of inflammatory rheumatic disease (e.g., rheumatoid arthritis)
- Presence of other neuromuscular diseases affecting the hand and wrist (Polyneuropathy, Cervical radiculopathy, peripheral nerve damage, Brachial plexus damage, other entrapment neuropathies, etc.)
- History of hand and wrist trauma
- ... and 6 more (see full listing online)

## Locations (1 total)

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Karaman Training and Research Hospital, Karaman, Karaman, Turkey (Türkiye)