

Investigation of the Effectiveness of a Exergame Program in Women With Fibromyalgia

NCT07304167

Status	RECRUITING
Phase	Not Applicable
Sponsor	Halic University
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (4)

- Women aged between 30 and 70 years, which is an age range in which fibromyalgia (FM) is more prevalent;
- Having a diagnosis of fibromyalgia;
- Being willing to participate in the study and signing the informed consent form;
- Meeting the 2016 American College of Rheumatology (ACR) diagnostic criteria, defined as a Widespread Pain Index (WPI) ≥ 7 and a Symptom Severity Scale (SSS) score ≥ 5 , or WPI = 4-6 and SSS ≥ 9 .

Exclusion (16)

- Pregnancy or breastfeeding
- Any known advanced pathology related to the locomotor system that contraindicates physical activity (such as arthritis, osteoarthritis, or uric acid disorders)
- Epilepsy
- History of severe headache
- Neurological disorder
- ... and 11 more (see full listing online)

Locations (1 total)

Halic University, Istanbul, Turkey (Türkiye)