

Effects Exercises in Temporomandibular Joint Disorders on Pain, Joint and Tongue Functions

NCT07304557

Status	RECRUITING
Phase	Not Applicable
Sponsor	Tayfun ISIK
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (4)

- aged people
- Not having received physical therapy for the neck or jaw within the past three months.
- No history of surgical or oncological treatment related to the neck or jaw.
- Having a diagnosis of temporomandibular disorder according to the RDC/TMD criteria, specifically Group Ia, Group Ib, or Group IIa under Axis I.

Exclusion (3)

- Individuals who are pregnant or suspected to be pregnant.
- Individuals with rheumatologic diseases affecting the temporomandibular joint.
- Individuals with a diagnosed psychiatric disorder.

Locations (1 total)

Ankara Medipol University, Ankara, ALTINDAG, Turkey (Türkiye)