

Comparison of the Effectiveness of Mobilization and Myofascial Release Techniques in Patients With Sacroiliac Joint Dysfunction

NCT07310368

Status	RECRUITING
Phase	Not Applicable
Sponsor	Kirsehir Ahi Evran Universitesi
Enrollment	42 participants

Key Eligibility Criteria

Inclusion (6)

- Being a female individual between the ages of 18 and 65.
- Having been diagnosed with sacroiliac joint dysfunction (according to the International Association for the Study of Pain criteria).
- Having localized pain in the sacroiliac joint region and pain that may radiate to the hip, groin, or lower extremities.
- Positivity in at least 3 out of 5 sacroiliac joint-specific provocation tests (Vorlauf, Gillet, irritation point positivity, posterior shear test, compression test).
- Pain intensity of e3 as assessed by the Visual Analog Scale (VAS).

... and 1 more (see full listing online)

Exclusion (6)

- History of surgery involving the spine, pelvis, or lower extremities.
- Presence of lumbar disc herniation, spinal stenosis, or acute pathologies of the hip joint.
- Diagnosis of piriformis syndrome or low back/hip pain originating from sources other than the sacroiliac joint.
- Known central or peripheral nervous system disease or progressive neurological deficit.
- History of rheumatological disease (rheumatoid arthritis, ankylosing spondylitis, etc.).

... and 1 more (see full listing online)

Locations (1 total)

Kir_ehir Ahi Evran University, Center, Kir_ehi r, Turkey (Türkiye)