

PMPR and Chlorhexidine on Periodontal Disease and Vascular Function

NCT07311512

Status	RECRUITING
Phase	Not Applicable
Sponsor	Mahdi Mutahar
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (8)

- Participants must have a minimum of 2 natural teeth in each sextant (at least 12 teeth overall).
- Individuals with clinically diagnosed gingivitis and/or early periodontitis (stage 1 and 2)
- Must not have undergone periodontal maintenance therapy (PMPR) within the last 6 months.
- Must not currently be wearing orthodontic appliances, due to their effect on oral microbiota and plaque composition.
- Must not be using removable orthodontic appliances, as they increase plaque accumulation.

... and 3 more (see full listing online)

Exclusion (8)

- Individuals under regular medication within one month of the study start date for any medical condition (such as hypertension and/or diabetes)
- Pregnant or breastfeeding individuals.
- Individuals requiring an interpreter or who are non-English speakers.
- Individuals unable to provide written informed consent.
- Individuals participating in another ongoing clinical study (other than observational studies) within 3 months prior to or during this study.

... and 3 more (see full listing online)

Locations (1 total)

University of Portsmouth, Portsmouth, Hampshire, United Kingdom