

# HALP Score, Blood-Based Inflammatory Indices, and Salivary MMP-8 in Periodontal Disease and Healing After Non-Surgical Therapy

NCT07312045

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**Status** RECRUITING  
**Sponsor** Ömer Faruk Okumu\_  
**Enrollment** 180 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Adults aged 18-65 years
- Ability to provide informed consent
- No systemic diseases or conditions affecting periodontal status
- For Healthy Group: Probing depth d3 mm, no attachment loss, no radiographic bone loss
- For Gingivitis Group: Gingival inflammation and bleeding on probing without attachment loss or bone loss
- ... and 3 more (see full listing online)

### Exclusion (7)

- Systemic diseases influencing periodontal inflammation (e.g., diabetes, autoimmune disorders)
- Current pregnancy or lactation
- Use of antibiotics, anti-inflammatory medications, or immunosuppressive drugs within the last 3 months
- Smokers or individuals using tobacco products
- History of periodontal surgery in the last 6 months
- ... and 2 more (see full listing online)

## Locations (1 total)

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