

Analysis of NfL and GFAP in Different Dietary Patterns

NCT07312994

Status RECRUITING
Sponsor Salzburger Landeskliniken
Enrollment 300 participants

Key Eligibility Criteria

Inclusion (3)

- Healthy individuals who have followed a vegan, vegetarian, or omnivorous diet for at least one consecutive year
- Aged between 18 and 40 years
- Provision of written informed consent

Exclusion (8)

- Diagnose neurological disorders (e.g. neurodegenerative, inflammatory, autoimmune, infectious, vascular)
 - Eating disorders
 - Excessive alcohol consumption
 - Pregnancy
 - Recent moderate to severe infection (within the past 12 weeks) , including SARS-CoV-2
- ... and 3 more (see full listing online)

Locations (1 total)

Christian-Doppler-Klinik, Salzburg, Salzburg, Austria