

Preoptimisation in Ventral Hernia Surgery

NCT07316426

Status	RECRUITING
Phase	Not Applicable
Sponsor	Umeå University
Enrollment	130 participants

Key Eligibility Criteria

Inclusion (3)

- Patients with a ventral hernia with a defect width of at least 4 cm.
- Symptom burden related to the hernia sufficient to justify surgical intervention.
- Age e 18 years.

Exclusion (4)

- Expected survival of less than three years.
- Inability to comprehend oral and written information or to provide informed consent.
- Acute complication of the hernia requiring emergency surgical intervention.
- General condition characterised by severe limitations in physical functional capacity.

Locations (5 total)

Gällivare hospital, Gällivare, Norrbotten County, Sweden
Sunderby Hospital, Luleå, Norrbotten County, Sweden
Lycksele Hospital, Lycksele, Västerbotten County, Sweden
... and 2 more locations