

Effects of Different Vitamin D3 Formulations in Vitamin D-Deficient Adults

NCT07317830

Status	RECRUITING
Phase	Not Applicable
Sponsor	Center for Health Sciences, Serbia
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (8)

- Adults aged 18 years and over
- Serum 25(OH)D \leq 75 nmol/L
- BMI 18.5 - 29.9 kg/m²
- Free of clinically significant acute disorders and severe chronic diseases
- No planned travel to high-UV destinations or tanning bed use during the trial
- ... and 3 more (see full listing online)

Exclusion (8)

- Pregnancy or breast feeding
- Underweight or obesity
- History of any dietary supplement use within 8 weeks before screening
- Medications that materially alter vitamin D metabolism or calcium balance
- Subjects with a history of medicine or alcohol abuse
- ... and 3 more (see full listing online)

Locations (1 total)

Center for Health Sciences, Belgrade, Serbia