

EFFECT OF SAPHENOUS NERVE RELEASE ON PATIENTS WITH PATELLOFEMORAL PAIN SYNDROME

NCT07318987

Status	RECRUITING
Phase	Not Applicable
Sponsor	Cairo University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (1)

- Age from 18 to 35 and BMI 18 to 25 kg/m². 2. Both gender (male and female) 3. Patients who had anterior knee pain for at least six weeks 4. Patients with positive saphenous neurodynamic test (SAPHNT)

Exclusion (4)

- Knee replacement
- An intraarticular injection within the past 3 months
- Previous operative treatment or arthroscopy, other secondary knee-related problems (bursitis, tendinopathy, osteochondritis, neuromas, intraarticular pathology (such as osteoarthritis), tumor, and rheumatologic diseases
- Diabetic neuropathic pain or fibromyalgia

Locations (1 total)

Faculty of Physical Therapy, Cairo University, Cairo, Egypt