

# Pain in Pediatric Patients - Internet Interventions for Disorders of Gut-brain Interaction

NCT07319078

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	200 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Age 8-17 years
- Basic somatic work-up completed (CRP/ESR, TGA, complete blood count, fecal calprotectin)
- Confirmed DGBI diagnosis: IBS, functional abdominal pain, or functional dyspepsia (according to Rome IV criteria)
- Any constipation must be treated according to current clinical guidelines, with stable laxative dosing for at least one month prior to referral
- In cases of celiac disease, the participant must have followed a gluten-free diet for at least six months and TGA values must have normalized
- ... and 2 more (see full listing online)

### Exclusion (3)

- Other organic disease that better explains the gastrointestinal symptoms
- At referral assessment, psychiatric symptoms or psychosocial problems - such as severe bullying, high school absenteeism, or difficult family circumstances - are judged to be more prominent than the gastrointestinal problems and require more extensive, multiprofessional care than what the study can offer
- Participants who have already completed gut-directed hypnotherapy or CBT

## Locations (1 total)

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Sachs Children's Hospital, Stockholm, Sweden