

# Ultrasound Guided External Oblique and Rectus Abdominis Plane Block (EXORA) on Neuroendocrine Stress Response in Adults Undergoing Umbilical Hernia Surgery

NCT07324863

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Tanta University
Enrollment	100 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Aged from 21 to 65 years.
- Both sexes.
- American Society of Anesthesiologists (ASA) Physical status I and a.
- Schedule for elective umbilical hernia surgery under general anesthesia.

### Exclusion (9)

- ASA b or c.
- Patients with metabolic abnormalities, e.g., diabetes mellitus.
- Patients receiving corticosteroids.
- History of allergies to local anesthetics.
- Bleeding or coagulation disorders.

... and 4 more (see full listing online)

## Locations (1 total)

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Tanta University, Tanta, Egypt