

Anesthesia Type and Postoperative Sleep Quality in Septoplasty

NCT07325799

Status RECRUITING
Sponsor Elaz1g Fethi Sekin Sehir Hastanesi
Enrollment 72 participants

Key Eligibility Criteria

Inclusion (5)

- \- Adults aged 18 years and older
- American Society of Anesthesiologists (ASA) physical status I-III
- Scheduled for elective septoplasty under general anesthesia
- Willing and able to provide written informed consent
- Agree to postoperative follow-up telephone interviews on postoperative days 7 and 15

Exclusion (9)

- \- ASA physical status IV or V
- Age younger than 18 years
- Severe obstructive sleep apnea confirmed by polysomnography and requiring active CPAP therapy
- Significant cognitive impairment, delirium, or active psychiatric disorder preventing reliable questionnaire completion
- Chronic use of opioids, benzodiazepines, hypnotics, sedatives, or antipsychotic medications (e3 days per week within the last month)

... and 4 more (see full listing online)

Locations (1 total)

Elaz1 Fethi Sekin City Hospital, Elâz1 , Merkez, Turkey (Türkiye)