

# Comparative Effects Between ELDOA and Spinal Mobilization With Limb Movement in Lumbar Radiculopathy

NCT07328282

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	36 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Age 30 -50 years
- both male and female
- Unilateral lumbar radiculopathy
- Posteriolateral mild disc herniation on MRI
- SLR test positive (30 to 70) degree

... and 2 more (see full listing online)

### Exclusion (5)

- MRI findings indicating i. Spinal instability ii. Significant neuroforaminal stenosis iii. Structural abnormalities requiring surgical intervention (e.g., large disc herniation )
- Clinical findings indicating:
  - i. Absence of severe neurological and severe motor weakness (Manual Muscle Testing grades 0, 1, or 2) ii. Signs of cauda equina lesion (e.g., saddle anesthesia, bowel/bladder dysfunction)
  - Diagnosed spinal conditions i. Lumbar spondylolisthesis ii. Lumbar spine fracture iii. Spinal stenosis iv. Spinal tumor v. Ankylosing spondylitis
  - History of previous spinal surgery Pregnancy

## Locations (1 total)

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Foundation University College of Physical Therapy, Islamabad, Punjab Province, Pakistan

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<https://clinicaltrials.gov/study/NCT07328282>

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