

Additional Effects of Thoracic Spine Mobilization Combined With Glenohumeral Joint Mobilization on Pain, Range of Motion, and Functional Disability in Adhesive Capsulitis

NCT07328295

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	34 participants

Key Eligibility Criteria

Inclusion (5)

- Both male and female patients with a primary complaint of unilateral or bilateral shoulder pain
- Pain has persisted for at least 3 to 4 months
- Decreased shoulder ROM observed, including external shoulder rotation, abduction, internal rotation, and flexion
- Age range between 40 to 65 years
- Diagnosed with stage 2nd or 3rd of the disease.

Exclusion (4)

- Patients if they had any shoulder pain resulting from systematic disease such as Rheumatoid Arthritis (morning stiffness $>$ 1 hour, multiple small joints pain/swelling) Infection, Tumors, and conditions like myelopathy (Hoffman's sign).
- Recent shoulder joint fracture/ trauma.
- Thoracic Outlet Syndrome (Roos test).
- The presence of Cervical radiculopathy (Spurling's test)

Locations (1 total)

Foundation University College of Physical Therapy, Islamabad, Punjab Province, Pakistan