

The Efficacy of High-Power Laser Therapy in Meralgia Paresthetica

NCT07328360

Status	RECRUITING
Phase	Not Applicable
Sponsor	U_ak University
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (4)

- Adults aged 18-65 years.
- Clinical diagnosis of MP (based on history: burning pain, tingling, numbness in the lateral thigh; tenderness over the inguinal ligament near the anterior superior iliac spine (ASIS); and a positive pelvic compression test or Tinel's sign over the lateral femoral cutaneous nerve (LFCN)).
- Symptoms persistent for at least 3 months (chronic).
- A baseline pain intensity of e4 on the Numeric Rating Scale (NRS).

Exclusion (7)

- Secondary MP (e.g., due to pelvic surgery, trauma, or tumor mass effect confirmed by imaging).
- Significant lumbar radiculopathy (L1-L2).
- Coagulopathy, use of anticoagulants.
- Pregnancy.
- Skin disease or infection in the treatment area.

... and 2 more (see full listing online)

Locations (1 total)

Usak University, U_ak, Turkey (Türkiye)