

# RESOLving INflammation Through Diet for Health (RESOLVIN)

NCT07331103

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Mario Negri Institute for Pharmacological Research
<b>Enrollment</b>	324 participants

## Key Eligibility Criteria

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### Inclusion (1)

- Participants are subjects  $\geq 55$  y old from both sexes ( $\geq 40\%$  women) with moderate to high cardiovascular risk (ANNEX 1: SCORE2, SCORE2-OP and SCORE2-Diabetes assessment).

### Exclusion (6)

- cardiovascular disease,
  - established atherosclerotic vascular disease involving the coronary, peripheral, carotid, or aortic territories (identified by computerized tomography (CT) of coronary arteries, MRI, carotid or peripheral ultrasound imaging),
  - chronic treatment with n-3 PUFA containing products (i.e., Vazkepa),
  - a condition that interferes with the possibility to follow the dietary intervention, such as fish allergy or being a vegan,
  - significant liver dysfunction,
- ... and 1 more (see full listing online)

## Locations (5 total)

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Dr. Antonella Todesca, Avellino, AV, Italy  
Dr. Tommaso Reginato, Arese, MI, Italy  
Istituto di Ricerche Farmacologiche Mario Negri, Milan, MI, Italy  
... and 2 more locations