

Multimodal VR Rehabilitation for Cardiorespiratory Fitness in CABG Phase II

NCT07331558

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	66 participants

Key Eligibility Criteria

Inclusion (6)

- Patients who underwent CABG surgery will be recruited after twelve weeks
- Both male and female
- Age 30-60 years old
- LVEF of $\leq 40\%$
- Persistent dyspnea with a self-rated intensity of ~ 5 (out of 10) on a visual analogue dyspnea scale (this dyspnea rating was only used as an inclusion criterion and not as a measure for outcome)
- ... and 1 more (see full listing online)

Exclusion (7)

- Patient with recurrent history of CABG
- Had a non-cardiac surgical procedure ≥ 2 months prior to recruitment
- Unstable angina, uncontrolled hypertension (blood pressure $> 180/100$ mmHg), a pacemaker or atrial fibrillation, documented peak orifice area valve stenosis, symptomatic peripheral arterial disease that limits exercise capacity.
- Documented chronic obstructive pulmonary disease (FEV1 $< 60\%$ and FVC $< 60\%$)
- Any shoulder impairment that would limit exercise participation
- ... and 2 more (see full listing online)

Locations (1 total)

Riphah International University, Lahore, Punjab Province, Pakistan

<https://clinicaltrials.gov/study/NCT07331558>

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