

# Symmetrical Scapula-pelvis Proprioceptive Neuromuscular Facilitation and Superficial Back Line in Chronic Neck Pain With Hamstring Tightness

NCT07332845

---

|            |                       |
|------------|-----------------------|
| Status     | RECRUITING            |
| Phase      | Not Applicable        |
| Sponsor    | University of Karachi |
| Enrollment | 156 participants      |

## Key Eligibility Criteria

---

### Inclusion (2)

- Individual with both male and female gender
- Individuals with chronic neck pain (pain for > 3 month) with hamstring tightness

### Exclusion (6)

- Any history related to spinal surgery
- Previous administration of epidural injections
- Neck pain due to specific pathology
- Patients with radiculopathy or myelopathy
- Traumatic spinal cord injury

... and 1 more (see full listing online)

## Locations (1 total)

---

Sindh Institute of Physical Medicine and Rehabilitation, Karachi, Sindh, Pakistan