

# Effects of Rigid Taping in Acromioclavicular Joint Degeneration

NCT07333417

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Hacettepe University
<b>Enrollment</b>	28 participants

## Key Eligibility Criteria

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### Inclusion (4)

- A clinical diagnosis of acromioclavicular (AC) joint degeneration confirmed by clinical examination and imaging (X-ray, ultrasound, or MRI).
- Shoulder pain duration of at least 4 weeks.
- Age between 18 and 65 years
- Willingness to refrain from any additional treatments outside the study protocol during the study period (e.g., medication changes, injections, or physiotherapy elsewhere) and to provide written informed consent

### Exclusion (7)

- Current or previous diagnosis/history of acromioclavicular (AC) joint separation.
- Diagnosis of frozen shoulder (adhesive capsulitis).
- History of acute trauma or fracture involving the shoulder girdle (e.g., clavicle fracture, shoulder dislocation).
- History of shoulder surgery.
- Systemic inflammatory joint disease (e.g., rheumatoid arthritis) or other systemic arthropathies.

... and 2 more (see full listing online)

## Locations (1 total)

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Hacettepe University, Faculty of Physical Therapy and Rehabilitation, Sports Physiotherapy and Rehabilitation Department, Ankara, Ankara, Turkey (Türkiye)