

Impact of Reducose® on Glycemic Response and Menopausal Symptoms in Perimenopausal Women (CALM-R)

NCT07333885

Status	RECRUITING
Phase	Not Applicable
Sponsor	Phynova Group Ltd
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (15)

- Participants assigned female at birth (aged 40-60 years) will be recruited for the study.
 - Females ages 40-60 who are weight stable and with a self-reported Body Mass Index (BMI) between 18.5 to 35 kg/m².
 - Willing to maintain their existing dietary and physical activity patterns throughout the study period.
 - Have received a medical physical screening (annual physical) within the last 12 months where blood markers for diabetes were taken and results were within the healthy range.
 - Self-reported >40yrs in age and experiencing irregular periods.
- ... and 10 more (see full listing online)

Exclusion (26)

- Participants assigned male at birth.
 - Aged > 60 or < 40 years.
 - Pregnant or lactating.
 - Body mass index (BMI) > 35kg/m² or < 18.5kg/m²
 - Fasting blood glucose >126mg/dL and/or HbA1c >6.5% reported in routine medical physical screening within the last 12-months.
- ... and 21 more (see full listing online)

Locations (1 total)

People Science, Los Angeles, California, United States