

# Evaluation of the Effectiveness of Focused Radiofrequency (TECAR) Therapy on Pain, Disability, Function, and Quality of Life in Patients With Lumbar Disc Herniation

NCT07335718

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<b>Status</b>	RECRUITING
<b>Sponsor</b>	Ankara City Hospital Bilkent
<b>Enrollment</b>	54 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Having low back pain lasting longer than 12 weeks
- Having a diagnosis of lumbar disc herniation (bulging, protruded, or extruded)
- Being able to comply with the exercise program
- Willingness to participate in the study Being between 20 and 60 years of age

### Exclusion (22)

- Being younger than 20 years or older than 60 years
- Having a known and/or newly diagnosed malignancy
- Presence of cardiac implants such as a pacemaker
- Having inflammatory low back pain
- Having absolute spinal stenosis (anteroposterior diameter of the spinal canal  $\leq$  10 mm and anteroposterior diameter of the lateral recess  $\leq$  3 mm)
- ... and 17 more (see full listing online)

## Locations (1 total)

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Ankara Bilkent City Hospital, Ankara, Turkey (Türkiye)