

Biomarkers for Exercise

NCT07340281

Status	RECRUITING
Phase	Not Applicable
Sponsor	NYU Langone Health
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (6)

- For both participant groups: To be eligible to participate in this study, an individual must meet all of the following criteria:
- Between 18-50 years of age
- Currently sedentary (d60 minutes of moderate intensity exercise per week for the past 3 months)
- Capable and willing to provide informed consent
- For anxiety disorder participant group, an individual must also meet:
... and 1 more (see full listing online)

Exclusion (14)

- Lifetime history of Bipolar I or II or any psychotic disorder
- Bulimia or anorexia in the past 3 months
- Alcohol or substance use disorder in the past 3 months
- Current major depressive disorder (past is allowed)
- Current neurologic disorder
... and 9 more (see full listing online)

Locations (1 total)

NYU Langone Health, New York, New York, United States