

To Evaluate the Efficiency and Results of Adding BFR to the Physical Therapy Program fo Managing Adolescents Presented With Spasmodic Flatfoot Deformities Compared to the Standard Physical Therapy Program Without BFR

NCT07343752

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Assiut University |
| Enrollment | 40 participants |

Key Eligibility Criteria

Inclusion (2)

- Adolescents presented with idiopathic, rigid, spasmodic flatfeet.
- Age should be younger than 18 years old. 3- Patients who did not respond to initial medical treatment for three weeks.

Exclusion (5)

- generalised tarsal arthritis
- neurological disorder.
- secondary rigid flatfoot deformity
- patients who did not complete the follow up or evaluation protocol
- Patients who will refuse to participate

Locations (1 total)

Assiut University Hospital, Physical Therapy Unit, Asyut, Egypt