

Hip Abduction and Adduction During Neurodynamic Stretching

NCT07350434

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Burgundy
Enrollment	12 participants

Key Eligibility Criteria

Inclusion (3)

- healthy
- physical active
- no injuries (lower limb or back pain) in the past 3 months

Exclusion (2)

- Specific lower limb (hamstring) injuries in the past 2 years
- Not restraining activity 24h before participation

Locations (1 total)

Universite Bourgogne Europe - faculty of sports sciences, Dijon, France