

Pre-packaged Low-residue Diet for Bowel Preparation in Patients With Inflammatory Bowel Disease

NCT07353853

Status	RECRUITING
Phase	Not Applicable
Sponsor	Changhai Hospital
Enrollment	1,000 participants

Key Eligibility Criteria

Inclusion (3)

- Age: Adult patients between 18 and 75 years old;
- Diagnosis of IBD according to the 2023 Guidelines for the Diagnosis and Treatment of Inflammatory Bowel Disease;
- Voluntary participation in this clinical trial and provision of signed informed consent.

Exclusion (6)

- Patients with acute IBD, severe conditions, combined with major bleeding, suspected toxic megacolon, CD with severe intestinal stricture, gastrointestinal obstruction, or other conditions deemed unsuitable for colonoscopy by the physician;
- Patients with severe cardiac, pulmonary, hepatic, or renal dysfunction;
- History of previous colorectal surgical resection or use of medications that may affect intestinal motility within one week (e.g., antidepressants, sedatives, calcium channel blockers);
- History of stroke, spinal cord injury, or psychiatric disorders that impair compliance with bowel preparation and colonoscopy;
- Allergy to any component of the administered drugs or meal replacements;
- ... and 1 more (see full listing online)

Locations (1 total)

Changhai Hospital, Shanghai, Shanghai Municipality, China