

Pelvic Nerve Mobilization for Primary Dysmenorrhea

NCT07354451

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Hail
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Female university students aged 18-30 years
- Regular menstrual cycles (24-35 days)
- Clinically diagnosed primary dysmenorrhea
- Average menstrual pain intensity e 5 on Visual Analog Scale
- Willingness to participate and provide informed consent

Exclusion (6)

- Secondary dysmenorrhea (e.g., endometriosis, fibroids, pelvic inflammatory disease)
- History of pelvic or spinal surgery
- Neurological disorders
- Current pregnancy or lactation
- Current physiotherapy or manual therapy treatment
- ... and 1 more (see full listing online)

Locations (1 total)

International Institute of Science Arts and Technology, Sialkot, Pakistan