

A Clinical Observation Study of a Chinese Patent Medicine Combined With Tamsulosin in Improving Sleep and Nocturia Symptoms After Enucleation of the Prostate

NCT07357324

Status	RECRUITING
Phase	Phase 4
Sponsor	The Fourth Affiliated Hospital of Zhejiang University School of Medicine
Enrollment	136 participants

Key Eligibility Criteria

Inclusion (7)

- Male patients aged 50 years or older
- History of transurethral holmium laser enucleation of the prostate (HoLEP)
- Nocturia frequency e2 times per night
- Documented bladder outlet obstruction
- Presence of postoperative urinary incontinence and urgency symptoms
- ... and 2 more (see full listing online)

Exclusion (6)

- Known hypersensitivity or intolerance to tamsulosin hydrochloride, Lingze tablets, or any component of these medications
- Active malignancy or severe cancer requiring treatment
- Cognitive impairment, psychiatric disorder, or language barrier that prevents understanding of study requirements or completion of questionnaires
- Severe multi-organ failure or dysfunction that would interfere with study participation
- Previous enrollment in conflicting clinical trials within the past 30 days
- ... and 1 more (see full listing online)

Locations (1 total)

The Fourth Affiliated Hospital of School of Medicine, and International School of Medicine, International Institutes of Medicine Zhejiang University, Yiwu, Zhejiang, China