

Effects of Caffeinated Beverages on Well-being

NCT07357818

Status	RECRUITING
Phase	Not Applicable
Sponsor	GUAYAKI SUSTAINABLE RAINFOREST PRODUCTS, INC.
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (10)

- Males or females, e18 to d55 years of age
 - BMI e18.5 and \<29.9 kg/m2
 - Generally good health
 - Participant currently and consistently has a caffeine routine
 - Participant is willing to substitute their current caffeine routine for the test beverage daily
- ... and 5 more (see full listing online)

Exclusion (21)

- History or presence, on the basis of the health history, of clinically important condition or disease states
 - Is currently following, or planning to be on, a weight loss regimen
 - Weight loss or gain \>4.5 kg
 - History of gastrointestinal surgery for weight reducing purposes or gastrointestinal (GI) conditions
 - History of an eating disorder (e.g., anorexia nervosa or bulimia nervosa, binge eating) at the discretion of the Clinical Investigator.
- ... and 16 more (see full listing online)

Locations (1 total)

Alethios, Inc., San Francisco, California, United States