

# IMPACT-MACS: Adrenalectomy vs Semaglutide for Metabolic Outcomes in Mild Autonomous Cortisol Secretion

NCT07361874

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Texas Southwestern Medical Center
Enrollment	75 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Adults e18 years
- MACS groups: adrenal adenoma + DST cortisol  $\gt 1.8$   $\mu\text{g/dL}$  + no overt Cushing + eligible for adrenalectomy
- Willingness to postpone surgery 6 months if randomized
- Controls: no adrenal abnormalities + normal DST + BMI  $\leq 27$  +  $\leq 2$  cardiometabolic conditions
- Stable medication doses for  $\geq 4$  weeks
- ... and 1 more (see full listing online)

### Exclusion (10)

- Prior GLP-1 RA within 90 days
- Weight change  $\gt 5$  kg in past 90 days
- Prior obesity/diabetes surgery
- Type 1 diabetes or other diabetes types
- Severe organ disease
- ... and 5 more (see full listing online)

## Locations (1 total)

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University of Texas Southwestern Medical Center, Dallas, Texas, United States