

Effect of Prebiotic Sodas on Postprandial Levels of GLP-1, PYY, Transit Time and Satiety Levels: A Pilot Study

NCT07362563

Status	RECRUITING
Phase	Not Applicable
Sponsor	Olipop, PBC
Enrollment	15 participants

Key Eligibility Criteria

Inclusion (7)

- Adults aged 18-60 years, inclusive.
- BMI between 18.0 and 30.0 kg/m².
- Stable weight in the last 3 months (+/-5kg).
- Willing to abstain from unusual strenuous exercise, consuming alcoholic drinks and from taking fiber supplements for 24 hours before study days.
- Willing to refrain from smoking tobacco or e-cigarettes, and using marijuana in any form for 12h before and during study visits.
- ... and 2 more (see full listing online)

Exclusion (11)

- Self-reported pregnant or breastfeeding women.
- Subjects with a history of severe food allergies or an allergy to acetaminophen.
- Known history of diabetes, any gastrointestinal disorder that alters the absorption of nutrients, liver disease, or the presence of any health condition, illness or drug use that increases risk to the subject or to others or may affect the results, as judged by the Qualified Investigator (QI).
- Subjects who are currently or in the last 2 months have been on oral or injectable GLP-1 receptor agonist (RA) medications.
- Subjects who consume more than 14 alcoholic drinks per week, or more than 5 alcoholic drinks on any one occasion.
- ... and 6 more (see full listing online)

Locations (1 total)

Inquis Clinical Research, Toronto, Ontario, Canada