

# The Analgesic Efficacy and Safety of Flurbiprofen Patch in Patients With Herpes Zoster

NCT07370402

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Beijing Tiantan Hospital
Enrollment	750 participants

## Plain Language Summary

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This study is testing whether a flurbiprofen skin patch (an anti-inflammatory pain reliever applied to the skin) can safely and effectively reduce the pain caused by shingles (herpes zoster).

**\*\*You may be eligible if...\*\***

- You are over 18 years old
- You developed a shingles rash within the last 90 days
- You have moderate to severe pain (rated at least 4 out of 10 on a pain scale)
- Your liver and kidney function are within acceptable ranges
- You are able to understand and complete study requirements

**\*\*You may NOT be eligible if...\*\***

- You have previously used a flurbiprofen patch
- Your shingles has spread widely across your body or affected your eyes
- You have an allergy or intolerance to any component of the flurbiprofen patch
- You have an immune disease, have had an organ transplant, or have cancer
- You are pregnant or breastfeeding

Talk to your doctor to see if this trial is right for you.

## Key Eligibility Criteria

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### Inclusion (6)

- \. Ages more than 18 years;
- \. Patients with onset of HZ rash less than 90 days;
- \. Experiencing moderate to severe HZ pain with an average pain score of at least 4 on a Numeric Rating Scale (NRS, 0 = no pain, 10 = worst possible pain);
- \. Aspartate aminotransferase and alanine aminotransferase levels less than twice the upper limit of normal;
- \. Estimated glomerular filtration rate of 30 mL/min per 1.73 m<sup>2</sup> or higher;
- ... and 1 more (see full listing online)

### Exclusion (5)

- \. History of applying flurbiprofen patch;
  - \. Patients with evidence of cutaneous or visceral dissemination of HZ infection (cutaneous dissemination is defined as more than 20 discrete lesions outside adjacent dermatomes) or ocular involvement of HZ;
  - \. History of intolerance or hypersensitivity to any active components or excipient of the flurbiprofen patch;
  - \. History of systemic immune diseases, organ transplantation, or cancers;
  - \. Pregnancy or breastfeeding
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<https://clinicaltrials.gov/study/NCT07370402>

### Locations (1 total)

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