

Virtual Reality Schema Therapy Exercises With Parent and Child Modes

NCT07373223

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Medical Center Groningen
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (4)

- years of age
- In treatment at a tertiary treatment facility (UCP, UMCG)
- Whose current psychological distress is related to early life experiences as indicated by a clinician
- Score of ≥ 3 on one of three schema modes on the SMI (Lobbestael et al., 2010)

Exclusion (3)

- Insufficient command of the Dutch language
- Primary diagnosis of a substance use disorder, or organic brain disease (such as dementia)
- Unable to provide informed consent

Locations (1 total)

University Medical Centre Groningen, Groningen, Provincie Groningen, Netherlands