

# Cardiovascular Research in EMbarazo and MAternity (EMMA). Study on Heart Rate Variability and Hemodynamic Adaptations During Pregnancy and Postpartum.

NCT07376616

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**Status** RECRUITING  
**Sponsor** Fundacin Biomedica Galicia Sur  
**Enrollment** 242 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Over 18 years of age
- Pregnancy from the third month of gestation
- No pre-existing cardiovascular disease
- Good cognitive level
- Sign informed consent

### Exclusion (22)

- Diabetes mellitus
- Hyperthyroidism
- Hypothyroidism
- Chronic hypertension diagnosed before pregnancy
- Heart failure
- ... and 17 more (see full listing online)

## Locations (1 total)

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Hospital Alvaro Cunqueiro, Vigo, Pontevedra, Spain