

Mindfulness-Based Emotion Regulation Training for Hospitalized Children

NCT07379021

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ataturk University
Enrollment	54 participants

Key Eligibility Criteria

Inclusion (5)

- Be aged between 7 and 11 years old,
- Have a planned hospital stay of at least four days,
- Be able to speak and understand Turkish,
- Be able to read and write (to complete questionnaires),
- The child and parent must be willing to participate in the study.

Exclusion (4)

- The child has a hearing/speech problem that prevents them from communicating,
- The child has severe pain or acute respiratory distress that prevents them from participating,
- The child has a known psychiatric diagnosis,
- The child has previously received similar mindfulness training

Locations (1 total)

Ataturk University Nursing of Faculty, Erzurum, Turkey (Türkiye)