

The Effect of Consumed Berries on Extracellular Vesicle Signalling in the Body

NCT07381933

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Oulu
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (4)

- Age 18-50
- Individuals of all heights and weights and both female and male sexes are accepted
- Written informed consent is required from all study participants
- Use of probiotics is allowed, but the usage will be reported

Exclusion (8)

- Known or suspected allergy to cloudberries or lingonberries
- Current dermatological or gastrointestinal conditions requiring treatment or interfering the sampling
- Renal failure
- Type 1 or type 2 diabetes
- Pregnancy
- ... and 3 more (see full listing online)

Locations (1 total)

Oulu University Hospital, Oulu, Finland