

Effectiveness of a Visual Feedback Exercise Program Following Lumbar Surgery

NCT07382830

Status	RECRUITING
Phase	Not Applicable
Sponsor	Suleyman Demirel University
Enrollment	42 participants

Key Eligibility Criteria

Inclusion (3)

- To be between 18 and 65 years of age
- Patients who underwent lumbar microdiscectomy surgery
- Individuals who are literate in Turkish

Exclusion (8)

- Patients who have previously undergone lumbar disc herniation surgery
- The surgical procedure involving fusion has been performed.
- Having a body mass index above 30
- Suspected or confirmed tumors in the lumbar spine and spinal canal
- Severe heart failure and cerebrovascular accident

... and 3 more (see full listing online)

Locations (1 total)

Antalya Provincial Health Directorate Antalya Training and Research Hospital, Antalya, Turkey (Türkiye)