

The Impact of 12 Week Retention of Nutrients on Skin and the Perception of Physical Health Status

NCT07383974

Status	RECRUITING
Phase	Not Applicable
Sponsor	ChinaNorm
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (6)

- Chinese adults of Asian descent aged 18 and above;
- Daily fruit and vegetable intake \leq 240g (calculated based on the fruit and vegetable section of the food frequency questionnaire);
- S3 measurement index \leq 30000;
- Participants must possess basic Chinese reading comprehension and expression skills, and be able to independently complete questionnaire surveys;
- Voluntary participation in the test and signing of the informed consent form;
- ... and 1 more (see full listing online)

Exclusion (11)

- Presence of open facial skin lesions, clearly visible scars, acne marks, etc.;
- Skin lesions, scars, or significant pigmentation on the hand measurement area;
- Symptoms of skin disease on the face or hand measurement areas;
- Having undergone medical aesthetic procedures within the last 6 months;
- Participation in other clinical trials involving product use within the last 3 months;
- ... and 6 more (see full listing online)

Locations (1 total)

Shanghai China-norm Quality Technical Service Co., Ltd., Shanghai, Shanghai Municipality, China