

# Comparing the Effectiveness of the 'Think in Nerve Length and Layers' (TINLL) Approach to Traditional Treatment for Patients With Lateral Elbow Pain.

NCT07385677

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Vermont
<b>Enrollment</b>	68 participants

## Key Eligibility Criteria

---

### Inclusion (5)

- understanding of English language; adults 18 years of age or older
- referral for lateral sided elbow pain or lateral epicondylitis
- subjects positive on one of the following (tenderness over lateral epicondyle with palpation
- pain with stretch of long wrist extensors
- pain with resisted wrist or middle finger extension)

### Exclusion (5)

- subjects unable to cognitively follow directions
- have a legally-mandated reporter
- subjects scheduled for surgery, or post-up surgical patients
- subjects with carpal tunnel syndrome, cubital tunnel syndrome/medial elbow pain,
- subjects who received Platelet-Rich Plasma (PRP) or percutaneous needle tenotomy (PNT)

## Locations (1 total)

---

Orthopedica and Rehabilitation Center - Occupational Therapy/Hand Therapy, University of Vermont Medical Center, South Burlington, Vermont, United States

---

<https://clinicaltrials.gov/study/NCT07385677>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).