

A Comparative Intervention Study on Strategies for Fruit Distribution and Awareness Campaigns in Schools

NCT07385820

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	300 participants

Key Eligibility Criteria

Inclusion (4)

- Students enrolled in a Swedish school (elementary, middle, or high school)
- Ages 7-19 years
- Able to use a mobile phone to document meals and snacks
- Provided informed consent (with parental consent required for participants under 15 years old)

Exclusion (1)

- Presence of any clinically significant disease or condition that, in the opinion of the research team, may interfere with participation or influence study outcomes

Locations (2 total)

Internationella Engelska Gymnasiet Södermalm, Stockholm, Sweden
Blacquebergs gymnasium, Stockholm, Sweden