

Exploration of the Effect of a Wheat Polar Lipid Complex on Vaginal Dryness in Healthy Postmenopausal Women

NCT07386249

Status	RECRUITING
Phase	Not Applicable
Sponsor	Seppic
Enrollment	110 participants

Key Eligibility Criteria

Inclusion (7)

- Healthy woman, aged of 45 to 65 years (inclusive)
- In postmenopause, defined according to the STRAW criteria as the absence of menstrual periods for at least 12 consecutive months
- Reporting a vaginal dryness intensity score e 4 on a 0-10 Visual Analogue Scale (VAS), and a score e 16 on the Menopause Rating Scale (MRS)
- Provision of signed and dated informed consent form
- Stated willingness to comply with all study procedures and availability for the duration of the study
- ... and 2 more (see full listing online)

Exclusion (10)

- Use of systemic hormonal therapy within the past 3 months
- Use of dietary supplements, herbal products, or over-the-counter remedies intended to alleviate menopausal symptoms within 4 weeks prior to the screening visit (wash-out period e 1 month required)
- Use of vaginal hormonal formulations within 4 weeks prior to screening
- History of hormone-dependent cancers
- History of hysterectomy or bilateral oophorectomy
- ... and 5 more (see full listing online)

Locations (1 total)

Center of Investigation in Clinical Nutrition (CICN), Louvain-la-Neuve, Belgium, Belgium