

# The Safety and Efficacy of Fecal Microbiota Transplantation Combined With Nutritional Intervention in the Treatment of Functional Constipationa Pilot Study

NCT07387952

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Peking Union Medical College Hospital
<b>Enrollment</b>	5 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Age: 18 to 70.
  - Diagnostic criteria: Functional constipation (FC) in accordance with Rome IV criteria, which should meet the following conditions:
  - Symptom requirements: The following at least 2 items should occur in  $\geq 25\%$  of bowel movements: a. Straining during defecation; b. Hard stool (Bristol Stool Classification score 1-2); c. Feeling of incomplete evacuation; d. Rectal obstruction sensation; e. Need for finger assistance during defecation; f. Spontaneous bowel movements  $< 3$  times per week.
  - It is rare to have loose stools without laxatives.
  - Exclusion of irritable bowel syndrome (IBS): IBS diagnosis criteria not meeting Rome IV.
- ... and 2 more (see full listing online)

### Exclusion (9)

- Pregnancy or lactation.
  - Unable to take the intervention product or complete the examination as required.
  - Language expression disorder or mental illness.
  - Physical examination showed severe liver and kidney dysfunction.
  - Acute gastrointestinal disease within 4 weeks.
- ... and 4 more (see full listing online)

## Locations (1 total)

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Peking Union Medical College Hospital, Beijing, China