

# Effect of a Semirigid Foot Insole in Flexible Pes Planus

NCT07389343

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Fatma El Zahraa
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Asymptomatic people with flexible pes planus. If the pain is greater than 3 out of 10 on the visual analog scale in the last 3 months, the patient is considered to have symptomatic flat feet (Mahdiyar et al., 2021).
- Aged 18-35.
- BMI max 29.9 kg/cm<sup>2</sup>.

### Exclusion (6)

- Osteoarthritis of the joints of the foot (excluded by x-ray).
- Foot Deformities (e.g. Hallux Valgus)
- Old fractures of the foot.
- Previous injuries to the ankle.
- Previous surgeries to the lower limb. 6. Calcaneal Spur. 7. Foot and ankle ligaments tear.
- ... and 1 more (see full listing online)

## Locations (1 total)

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October 6 University Hospital, Giza, Egypt